

COURSE OUTLINE BASIC PRINCIPLES OF OCCUPATIONAL THERAPY

1. GENERAL

SCHOOL	SCIENCE OF PHYSICAL EDUCATION, SPORTS AND OCCUPATIONAL THERAPY		
DEPARTMENT/MSc	OCCUPATIONAL THERAPY		
LEVEL OF STUDY	MSc - LEVEL 6		
COURSE CODE		SEMESTER OF STUDIES	1o
COURSE TITLE	BASIC PRINCIPLES OF OCCUPATIONAL THERAPY		
INDEPENDENT TEACHING ACTIVITIES <i>in case the credits are awarded to distinct parts of the course, e.g. Lectures, Laboratory Exercises, etc. If the credits are awarded uniformly for the entire course, indicate the weekly teaching hours and the total credits</i>	TEACHING WEEKS	CREDITS	
Theory	3	6	
Exercise of Action	2		
<i>Add rows if needed. The organization of teaching and the teaching methods used are described in detail in 4.</i>			
COURSE TYPE <i>Background, General Knowledge, Scientific Area, Skills Development</i>	BACKGROUND		
PREREQUISITE COURSES:	NO		
LANGUAGE OF INSTRUCTION AND EXAMINATIONS:	GREEK		
THE COURSE IS OFFERED TO ERASMUS STUDENTS	NO		
ONLINE COURSE PAGE (URL)	-		

2. LEARNING OUTCOMES

<p>Learning Outcomes</p> <p><i>The learning outcomes of the course are described, the specific knowledge, skills and abilities of an appropriate level that students will acquire after the successful completion of the course.</i></p> <p><i>Consult Appendix A</i></p> <ul style="list-style-type: none"> ● <i>Description of the Level of Learning Outcomes for each cycle of study according to the European Higher Education Area Qualifications Framework</i> ● <i>Descriptive Indicators of Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning</i> <p><i>and Annex B</i></p> <ul style="list-style-type: none"> ● <i>Summary Guide to Writing Learning Outcomes</i> <p>Upon successful completion of the course, participants will be able to:</p> <ul style="list-style-type: none"> ● <i>know Occupational Therapy in the historical context</i> ● <i>know the basic principles that govern Occupational Therapy</i> ● <i>recognize the theoretical bases that define the science of Occupational Therapy</i> ● <i>know the contexts and places where Occupational Therapy is provided</i> ● <i>recognize the terminology that governs the science of Occupational Therapy / Occupational Science</i>
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- *understand the meaning of the work and its practical substance in everyday life*
- *recognize the difference between work and activity*
- *understand the correlations between the conceptual framework of occupational therapy and the ICF (International Classification System of Disability and Function)*

General Competencies

Taking into account the general competencies that the graduate must have acquired (as listed in the Diploma Supplement and listed below), which / which of them is the course aimed at?.

Search, analyze and synthesize data and information, using the necessary technologies

Project planning and management

Respect for diversity and multiculturalism

Adapting to new situations

Respect for the natural environment

Decision-making

Demonstrate social, professional and ethical responsibility and gender sensitivity

Autonomous work

Criticism and self-criticism

Teamwork

Promoting free, creative and inductive thinking

Working in an international environment

Working in a multidisciplinary environment

Generating new research ideas

- *Search, analyze and synthesize data and information, using the necessary technologies*
- *Criticism and self-criticism*
- *Promoting free, creative and inductive thinking*
- *Adapting to new situations*
- *Teamwork*
- *Autonomous work*

3. COURSE CONTENT

- 1. Basic concepts and overview of the subject of occupational therapy*
- 2. Overview of the Fundamentals of Occupational Therapy Practice*
- 3. Presentation of the historical course, evolution and creation of the science of occupational therapy /Occupational science*
- 4. Reference to the contexts/areas of application of occupational therapy and the basic professional skills of the occupational therapist*
- 5. Introduction to the theoretical approaches that govern the science of occupational therapy*
- 6. Areas of the project, classifications, terminology and its importance in the health and well-being of individuals*
- 7. Project theory and activity analysis*
- 8. The structure of occupational therapy practice*
- 9. Therapeutic approaches to occupational therapy*
- 10. The relationship of occupational therapy with other sciences*
- 11. Consideration of occupational therapy through the conceptual framework of the ICF (International Classification System of Disability and Function) and reference to International Disability Classification Systems (ICD-11, DSM-V)*
- 12. Review of organizations representing occupational therapy at International, European and National Level and occupational therapy practice worldwide*
- 13. Ethics and relationships between an occupational therapist and the individual*

4. TEACHING AND LEARNING METHODS - EVALUATION

<p style="text-align: center;">DELIVERY METHOD</p> <p style="text-align: center;"><i>Face-to-face, Distance learning, etc.</i></p>	<p>FACE TO FACE</p>																		
<p style="text-align: center;">USE OF INFORMATION AND COMMUNICATION TECHNOLOGIES</p> <p style="text-align: center;"><i>Use of ICT in Teaching, Laboratory Training, Communication with Students</i></p>	<p>Use of ICT in Teaching and Communication with Students</p> <ul style="list-style-type: none"> • Digital slides • video • MsTeams/ e-class, webmail 																		
<p style="text-align: center;">TEACHING ORGANIZATION</p> <p><i>The way and methods of teaching are described in detail.</i></p> <p><i>Lectures, Seminars, Laboratory Exercise, Field Exercise, Study & Analysis of Literature, Tutorial, Practice (Placement), Clinical Exercise, Art Workshop, Interactive Teaching, Educational Visits, Project Preparation, Writing a Paper / Paper, Artistic Creation, etc.</i></p> <p><i>The student's study hours for each learning activity as well as the hours of non-guided study are indicated so that the total workload at semester level corresponds to ECTS standards</i></p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: center;">Activity</th> <th style="text-align: center;">Semester Workload</th> </tr> </thead> <tbody> <tr> <td>Lectures</td> <td style="text-align: center;">39</td> </tr> <tr> <td>Work</td> <td style="text-align: center;">60</td> </tr> <tr> <td>Literature study and analysis</td> <td style="text-align: center;">78</td> </tr> <tr> <td>Examination</td> <td style="text-align: center;">3</td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td>Total Course</td> <td style="text-align: center;">180</td> </tr> </tbody> </table>	Activity	Semester Workload	Lectures	39	Work	60	Literature study and analysis	78	Examination	3							Total Course	180
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<p style="text-align: center;">STUDENT EVALUATION</p> <p><i>Description of the evaluation process</i></p> <p><i>Assessment Language, Assessment Methods, Formative or Conclusive, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Paper, Report/Report, Oral Examination, Public Presentation, Laboratory Work, Clinical Examination of a Patient, Artistic Interpretation, Other/Other</i></p> <p><i>Explicitly defined evaluation criteria and whether and where they are accessible by students are mentioned.</i></p>	<p>Work at home (compulsory) 35%</p> <p>Written exam 65%</p>																		

5. RECOMMENDED BIBLIOGRAPHY

<ol style="list-style-type: none"> 1. Kouloubi, M.G. (2017). <i>Work and Activity</i>. Athens: Ioannis Konstantaras. 2. Zarotis, G.F., Tokarski, W., Kontakos, A. & Katsagolis, Ath. (2011). <i>Leisure: Physical Activity-Health and Quality of Life: A Psychological, Pedagogical and Sociological Approach</i>. Athens: K.Th.Babalas Single Member Private Partnership 3. Alexiadis A., (2017). <i>Introduction to Occupational Therapy</i>. Rotunda, Thessaloniki 4. Case-Smith, J., O' Brien, J.C. (2015). <i>Occupational therapy for Children and Children (7th ed.)</i>. Missouri: Mosby. 5. Kramer, P., Hinojosa, J. (2010). <i>Frames of Reference for Pediatric Occupational</i>
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Therapy (3rd ed.). USA: Lippincott Williams and Wilkins.

6. *Tufano, R. Cole, M. (2008). Applied Theories in Occupational Therapy: A Practical Approach. Thorofare, NJ: SLACK Inc.*